



Coconut Wireless

Newsletter of the West Hawaii

AA Intergroup Fellowship westhawaiiiaa.org

Oct./Nov. 2011

West Hawaii AA Helpline:

808 329-1212

(East Hawaii 961-6133)



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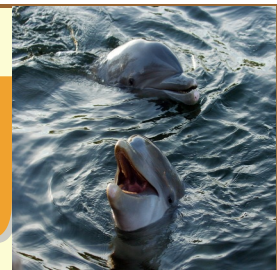
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November is *Gratitude Month*. Traditionally, in addition to passing the basket for the 7th Tradition, each group is asked to pass the basket a second time, specifically to raise money for your West Hawaii Intergroup Office to help insure that we can continue to meet our obligations and provide the services that we all agree are so necessary to carrying the AA message among ourselves and to the alcoholic who still suffers. Mahalo for your kokua.



Happy Thanksgiving



We're having a feast and you are all invited ! (hosted by):

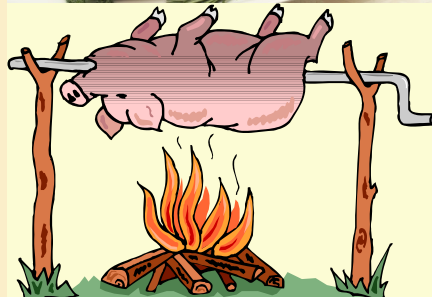
Aloha Mana Ohana

Thursday November 24th

10:00 am - 4:00 pm

Snorkeling Permitted

2:00 pm Open AA Meeting



Kahalu'u Beach Park Pavillion

Plenty ono grinds

and fellowship

Kalua pig - Turkey

All the trimmings

Potluck

Ohana time

Please bring donated turkeys in a pan and covered with foil to the imu at Kahalu'u by noon on Wednesday

WHIG Steering Committee

Chairman Bob D
 Vice-Chair Chappy C
 Secretary Chris C
 Treasurer Marianne F
 Editor Bruce W
 Activities Sandra V
 Teleservice Ches F
 Office Manager Maggie K

Upcoming Events: For more details please call your Intergroup Office at 329-1212

Nov 24 (Thur) 10am-4pm: Kahalu'u Park Pavilion, Aloha Mana, Thanksgiving Feast

Dec 5 (Mon) 6pm-8pm: Honokaa Caravan - Potluck & Speaker Meeting



Dec. 10 (Sat) 5pm-10:00pm: Daily Reprieve, Old Airport Pavilion, , Christmas Party.....

Dec. 15 (Thur) 5:30pm-6:45pm: Intergroup Business Mtg., Pottery Terrace, Suite 425..

Dec. 16 (Fri) 5:30pm: District 8 Meeting, Pottery Terrace, Suite 425.. (mauka on right)

December 24-25: Christmas Alcathon , Pottery Terrace, Suite 425..



December 31-January 1: New Year's Alcathon , KKAA, Pottery Terrace Suite 425.....

February 11 (Sat) :More details to come Valentine's Dance - Fondue - Rockin' Recovery

WHIG Office Report

October Activity:

45 calls including
 30 for meeting information
 4 12th step calls
 46 office visits including
 19 for chips & literature

Treasurers Report:

Oct 19 to Nov17

Beginning Cash \$3,538.57
 Groups-7th Trad 1,380.23
 Sales & Other 419.70
 Expenses -3,111.45
 Prud. Res. -1,500.00
 Events fund -517.13
 Working Cap. \$ 209.92

Step 11: "Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out." AA p.59

A.A. Chapter 6 Into Action - p. 86 states in part: "On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking....."

The next paragraph begins with: "In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle"

What a priceless gift, to have the exact words that the original members used to guide them through each day. In spite of my stubborn resistance and early skepticism, these simple spiritual tools worked for me the first time I picked them up and they have worked every time since. B.W. cweditor@westhawaiiiaa.org

Want to commemorate your AA birthday by donating \$1 for every year of your sobriety to GSO in New York ? Pre-addressed envelopes are available at the Intergroup office.

November Congratulations to:



Tommy G.	Nov 5, 2000	11 years
Ricky	Nov 6, 2010	1 year
Cindy W.	Nov 14, 2005	6 years

Notify your Intergroup Rep about upcoming AA birthdays

Mahalo nui loa to the following groups for their 7th Tradition contributions to Intergroup during the last 30 days: **7th Tradition Oct.18 - Nov.17**

Aloha Mana \$190.80; Hana Like \$26.00;

Hapuna Sun Bchcmbr \$30.00; Kailua Kona AA \$142.50;

Men of Maluhia \$70.50; Nooners \$300.00;

Puako Disc. \$127.89; Rebellion Dogs \$150.00;

Strictly Solutions \$86.49; Waikoloa Night Owls \$24.00;

Waikoloa Women \$36.63; Waimea Winners \$155.07;

Anonymous Contributions \$40.35 **Total \$1,380.23**

Attention All Treasurers:

West Hawaii Intergroup

P.O. Box 5135

Kailua Kona, HI 96745

West Hawaii District

P.O. Box 3648

Kailua Kona, HI 96745

Hawaii Area Committee #2107

575 Cooke Street, Suite A

Honolulu, HI 96813

General Service Office (GSO)

P.O. Box 459

Grand Central Station

New York, NY 10163

Post-Thanksgiving/Pre-Christmas:



Honokaa Caravan

Monday night December 5th

6PM Potluck - 7PM Speaker Meeting !

NHRC 45-539 Plumeria Street

Carpool - Henry St. by water vending machine 5:00PM

Maggies Corner: I want to take a moment to thank all the volunteers who come so faithfully and volunteer from 2pm to 6pm. They are here to answer the phone, make sales, answer questions and keep track of office activities. **MAHALO!** And thanks to Chris C. for agreeing to work on a new pamphlet to help groups and individuals better understand what Intergroup is doing to help carry the message of AA. Please drop in anytime. **M.K.**

God:

Grant me the

Serenity to accept the things I cannot change; the

Courage to change the things I can; and

Wisdom to know the difference....



It turns out that there is a scientific and logical explanation for why people (mostly men) spend so much time in pubs and only get home in the early hours of the morning. The reason for this odd behavior is based on Einstein's famous [Theory of Relativity](#). It works like this:

It is a well-known fact that the more you drink, the faster you move. After about eight beers (or four double brandies etc.), you are moving at close to the speed of light, and this is where Einstein enters the picture. According to his theory, any body moving at or close to the speed of light, undergoes "[Time Dilation](#)", i.e. time for you in the pub passes slower than for an observer outside the pub.

Complicated calculations have shown that the pub becomes a type of time machine: For every half -hour spent in the pub, something like two hours pass outside the pub. A typical situation goes like this: "Okay guys, it's 8 o'clock, I'm going to surprise the family and get home early!!". However, the moment this person steps out of the pub: the time travel effect is negated by negative radiation from the environment and he then innocently says "Why is it so quiet? OMG it's half passed one!! WHAT HAPPENED??" (The answer ,of course, is "[Time Dilation](#)")

Don't expect 'normies' to understand this phenomenon any better than they understand the phenomenon of craving. Until someone understands this, like many of us 'fellow time travelers' do, they will not view our situation with the love, patience and understanding that we might like, or feel we deserve. Therefore, when it comes time to make amends to your family, don't thrust this explanation on them all at once. Bring Einstein's [Theory of Relativity](#) into your casual dinner conversations as often as possible and encourage your family members to study it on their own. With sufficient guidance and patience on your part, you just might find that your family will thank you for enlightening them and offer amends of their own for their former intolerance.

Lastly, it is recommended that you discuss this and all other matters pertaining to nuclear physics with your sponsor first.

The opinions expressed here are strictly those of Albert Einstein and do not necessarily reflect the opinions of the Editor or the Management of the Coconut Wireless. B.W.

Step 11: "Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out." [Alcoholics Anonymous](#) p. 59

[Twelve Steps and Twelve Traditions](#) p. 96

Tradition 11: (Short Form) "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films." [Alcoholics Anonymous](#) p. 562

[Twelve Steps and Twelve Traditions](#) p. 180

Concept 11: (Short Form) "The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

[Twelve Concepts For World Service](#) p. 48